

The Viking 5K/10K Run

Huxley Prairie Fest 2019

DATE AND TIME:

Saturday, August 24, 2019

Registration: begins at 6:30 am

Race Starts: 10K starts at 7:30am, 5K at 7:40am

LOCATION AND DIRECTIONS:

From I-35 take exit 102. Go west on 210 to Hwy 69. Go north on Hwy 69 to Oak Blvd. (Stop Light) Go east on Oak Blvd to 4 way stop. Turn north on Timberlane. Follow Timberlane to Centennial Park.

COURSE:

The race will start at Centennial Park and take you on a gravel and paved course (Map on back). Water will be available on the course and stay afterwards for snacks, beverages, and awards. Please enjoy the parade and other festivities after the race.

Chip timing, finish and results done by True Time Racing — www.truetime racing.com

ENTRY FEE:

\$30 if registered by 8/3/19

\$35 after 8/3/19

****Entries received after 8/3/19 are not guaranteed a race shirt.**

Questions:

Contact Heather Denger at 515-597-2515 or by email: hdenger@huxleyiowa.org or visit us online at www.huxleyprairiefest.com

REGISTRATION AND PACKET PICK-UP:

Registration forms should be accompanied by a check made out to Huxley Prairie Festival and mailed to: Huxley Parks and Recreation/Prairie Festival 515 North Main Ave., Huxley, IA 50124 515-597-2515— hdenger@huxleyiowa.org

Online registration available at: RunSignUp.com Registration forms are also available at the 3 C's, at www.huxleyprairiefest.com and www.huxleyiowa.org Pick-up your registration packet and goodie bag race day at Centennial Park starting at 6:30 am.

AWARDS & AGE GROUPS:

Overall 5K & 10K Winner: Top Female and Male winners will receive \$50.00 cash prizes, a Viking Helmet and a medal.

5K Age Groups:

14 & under, 15-19, 20-29, 30-39, 40-49, 50-59, 60 and over.

10K Age Groups:

19 & under, 20-29, 30-39, 40-49, 50-59, 60 and over.

Medals: will be awarded to top 3 finishers in each age group.

Entry Form:

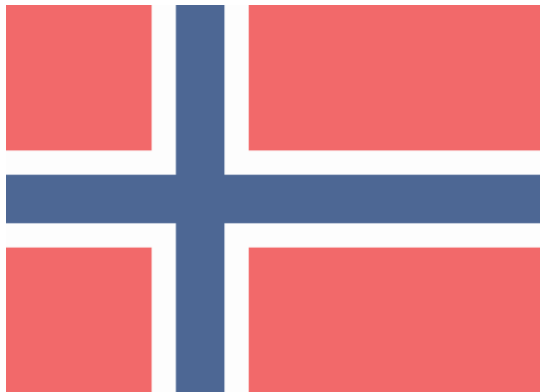
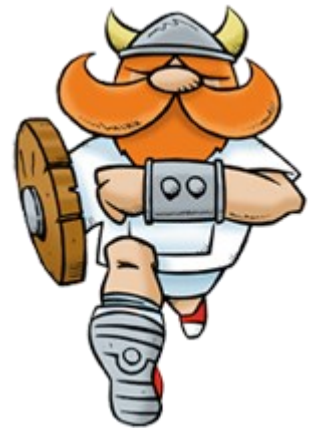
First Name: _____ Last Name: _____ Email Address: _____
Street Address: _____ City: _____ State: _____ Zip: _____
Phone: _____ Male _____ Female Age as of 8/24/19 _____ Birthdate: _____
T-Shirt Size: _____ Small _____ Med _____ Large _____ XL _____ XXL (t-shirts guaranteed if registered by 8/3/19)

I plan to compete in: _____ 10K Run _____ 5K Run **Signature:** _____ **Date:** _____

I certify to the best of my knowledge that I am physical fit and have no medical condition that could likely worsen by participating in this event. I understand that the race is on public streets that limited traffic control will be provided, and that participation could be hazardous. In consideration for accepting my entry, I, the undersigned, intending to be legally bound hereby for myself, my heirs, my executors, and administrators, contractually waive and release any and all rights and claims for the damages I may suffer or which may arise against any or all sponsors including, but not limited to, Prairie Festival and the City of Huxley, for any and all injuries occurring by reason of the negligent acts or omissions of the sponsors or otherwise, from claims and damages suffered by me or to my property arising out of connection with this event. I also grant full permission to the sponsors and agents authorized by them to use photographs, motion pictures, videotapes, recordings or any other record of this event for any legitimate purpose. My signature verifies that I have read and agree to the terms stated above. I understand that unsigned entries will not be accepted.



This year the 5K route will take participants on Huxley's back roads, down by Christiansen Forest Preserve on the East side of Huxley, over Ballard Creek and back into town.



The 10K route will start like the 5K but then take you on a longer journey meandering through Huxley and back to Centennial Park.

